



Rise & Shine With Nutri-Serve!

BREAKFAST MENU

January Breakfast Menu Brookfield Elementary



We use the healthier whole grain versions of your breakfast favorites!

Breakfast Includes: Milk & Fruit !

Did you know???

Eating within two hours of waking up jumpstarts your metabolism ~ the rate at which your body burns calories!



Monday-January 1	Tuesday-January 2	Wednesday-January 3	Thursday-January 4	Friday-January 5
Happy New Year!! School Closed	Cinnamon Toast Crunch Bar <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Lender's Bagel w/ Cream Cheese <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Pillsbury Cinnamon Bagel Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Super Bakery Apple Bites <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-January 8	Tuesday-January 9	Wednesday-January 10	Thursday-January 11	Friday-January 12
Assorted Cereal w/ Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cinnamon Toast Crunch Bar <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Lender's Bagel w/ Cream Cheese <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Pillsbury Cinnamon Bagel Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Super Bakery Apple Bites <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-January 15	Tuesday-January 16	Wednesday-January 17	Thursday-January 18	Friday-January 19
Dr. Martin Luther King, Jr. Day NO SCHOOL	Cinnamon Toast Crunch Bar <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Lender's Bagel w/ Cream Cheese <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Pillsbury Cinnamon Bagel Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Super Bakery Apple Bites <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-January 22	Tuesday-January 23	Wednesday-January 24	Thursday-January 25	Friday-January 26
Assorted Cereal w/ Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cinnamon Toast Crunch Bar <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Lender's Bagel w/ Cream Cheese <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Pillsbury Cinnamon Bagel Stick <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Super Bakery Apple Bites <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-January 29	Tuesday-January 30	Wednesday-January 31		
Assorted Cereal w/ Graham Crackers <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cinnamon Toast Crunch Bar <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Lender's Bagel w/ Cream Cheese <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice		



Breakfast Prices: *Menu subject to change

Regular Breakfast: \$2.25 Reduced: \$0.30

Milk: Fat Free Chocolate, 1% White

If you receive free or reduced lunch your are eligible for free and reduced breakfast!