



Lunch Includes: Entrée, Veggie, Fruit ans Milk

January Lunch Menu Brookfield Elementary



DAILY ALTERNATE

Cereal & Yogurt
(And Assort. Non-GF Cereals)
B&J Sandwich w/ String Cheese

We Use Whole Grain Products!

GF = Gluten-Free Ingredients
V = Vegetarian Ingredients

Choose 1 Entrée. (3 Daily Specials & 2 Daily Alternates)

Includes 2 Fruit & 2 Veggie Choices!

Fresh/Cupped/
PICK 2

Cooked/Raw Veggie
PICK 2 VEG-

THINK BALANCE!
A Balanced Tray Includes...
Grain ~ Protein ~ Fruit ~ Vegetable ~

Monday-Jan 1	Tuesday-Jan 2	Wednesday-Jan 3	National Spaghetti Day	Friday-Jan 5
January Fun Days: Jan 19th- Nat'l Popcorn Day! Lunch comes with popcorn! Jan 23-Pie Day- Pudding Pies	Chicken Tenders w/ Goldfish Crackers <u>Sides:</u> Glazed Carrots Fruit Cup	Cheesy Chicken Sandwich <u>Sides:</u> Silly Spinach Salad 100% Fruit Juice Cup	Spaghetti w/ Meatballs & Bread Stick <u>Sides:</u> Sweet Peas Fresh Fruit	Pizza Dippers V w/ Sauce Cup <u>Sides:</u> Vege-licious Garden Salad Fresh Fruit
GF Monday-Jan 8	Tuesday-Jan 9	Wednesday-Jan 10	Thursday-Jan 11	Friday-Jan 12
Beefy Nacho Grande w/ Corn Chips & Topping <u>Sides:</u> Mexican Bean Salad Fruit Cup	Chicken Nuggets w/ Goldfish crackers <u>Sides:</u> Mega Mashed Potatoes Fruit Cup	Philly Style Cheese Steak <u>Sides:</u> Garden Side Salad 100% Fruit Juice Cup	Bacon* Chicken Patty Melt <u>Sides:</u> Crunchy Carrots w/ Hummus Fresh Fruit	Cheese or Pepperoni* Pizza <u>Sides:</u> Julius Caesar Salad Fresh Fruit
Monday-Jan 15	Tuesday-Jan 16	Wednesday-Jan 17	Thursday-Jan 18	Nat'l Popcorn Day
NO SCHOOL Martin Luther King Jr. Day <i>"Intelligence plus character- that is the goal of true education."</i> -Dr. Martin Luther King Jr.	California Cheese Burger <u>Sides:</u> Crunchy Carrots w/ Hummus Fruit Cup	Bacon*, Egg & Cheese Sandwich <u>Sides:</u> Spinach & Romaine Salad 100% Fruit Juice Cup	Poppin Popcorn Chicken w/ Cheesy Rice <u>Sides:</u> Poppin' Peas Fresh Fruit	French Bread V Pizza <u>Sides:</u> Garden Side Salad- Popcorn Treat Fresh Fruit
Monday-Jan 22	National Pie Day	Wednesday-Jan 24	Opposite Day	Friday-Jan 26
Grilled Cheese Sandwich w/ Tomato Soup V <u>Sides:</u> Gotta Get 'Em Green Beans Fruit Cup	Hot Turkey & Gravy Sandwich <u>Sides:</u> French Fries- Pudding Pie Treat Fruit Cup	All Beef Hot Dog On a Bun <u>Sides:</u> Ms. Pat's Baked Beans 100% Fruit Juice Cup	French Toast Sticks w/ Sausage Patty* <u>Sides:</u> Orange Glazed Carrots Fresh Fruit	Galaxy Pizza V <u>Sides:</u> Julius Caesar Salad Fresh Fruit
Monday-Jan 29	Tuesday-Jan 30	Wednesday-Jan 31	Lunch Prices: Regular Lunch \$3.50 Reduced: \$0.40 *Menu Subject To Change *Jennie-o Turkey Products Milk: Fat-Free Chocolate, 1% White	
Twin Tacos w/ Toppings <u>Sides:</u> Golden Corn Fruit Cup	Sesame Chicken w/ Lo Mein Noodles <u>Sides:</u> Broccoli Bites w/ Hummus Fruit Cup	Bacon* Cheeseburger On a Bun <u>Sides:</u> Tomato & Mozzarella Salad 100% Fruit Juice Cup		

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