



# Rise & Shine With Nutri-Serve!

# BREAKFAST MENU

## February Breakfast Menu Brookfield Elementary

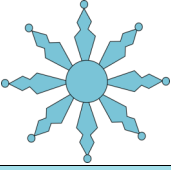



Breakfast Includes: Milk & Fruit

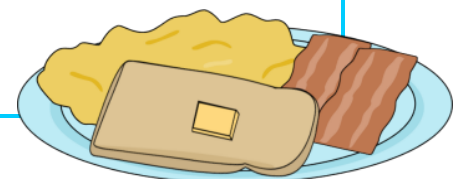
We use the healthier whole grain versions of your breakfast favorites!

### Did you know?!?!

Eating within two hours of waking up jumpstarts your metabolism ~ the rate at which your body burns calories!

			Thursday-February 1	Friday-February 2
			<b>Fruity Cheerio Bar w/ String Cheese</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Apple Muffin w/ Strawberry Yogurt</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
<b>Monday-February 5</b>	<b>Tuesday-February 6</b>	<b>Wednesday-February 7</b>	<b>Thursday-February 8</b>	<b>Friday-February 9</b>
<b>Assorted Cereal w/ Graham Crackers</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Betty Crocker Choc Chip Oat Bar</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Lender's Bagel w/ Cream Cheese</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Fruity Cheerio Bar w/ String Cheese</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Apple Muffin w/ Strawberry Yogurt</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
<b>Monday-February 12</b>	<b>Tuesday-February 13</b>	<b>Wednesday-February 14</b>	<b>Thursday-February 15</b>	<b>Friday-February 16</b>
<b>Assorted Cereal w/ Graham Crackers</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Betty Crocker Choc Chip Oat Bar</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Lender's Bagel w/ Cream Cheese</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Fruity Cheerio Bar w/ String Cheese</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>School Closed</b>
<b>Monday-February 19</b>	<b>Tuesday-February 20</b>	<b>Wednesday-February 21</b>	<b>Thursday-February 22</b>	<b>Friday-February 23</b>
<b>School Closed</b>	<b>Betty Crocker Choc Chip Oat Bar w/ Syrup</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Lender's Bagel w/ Cream Cheese</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Fruity Cheerio Bar w/ String Cheese</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Apple Muffin w/ Strawberry Yogurt</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
<b>Monday-February 26</b>	<b>Tuesday-February 27</b>	<b>Wednesday-February 28</b>		
<b>Assorted Cereal w/ Graham Crackers</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Betty Crocker Choc Chip Oat Bar</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	<b>Lender's Bagel w/ Cream Cheese</b> <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice		

**Breakfast Prices:** \*Menu subject to change  
**Regular Breakfast: \$2.25 Reduced: \$0.30**  
**Milk:** Fat Free Chocolate, 1% White  
 If you receive free or reduced lunch your are eligible for free and reduced breakfast!



This institution is an equal opportunity provider.