

BREAKFAST October



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chocolate Chip Muffin Fresh Grapes Milk	Strawberry Pop Tart Graham Cracker Fresh Apples Milk	Warm Cinnamon Breakfast Bar Fresh Banana Milk	Blueberry Waffles Fresh Orange Milk	Strawberry Nutri Grain Bar Yogurt Cup Fresh Grapes Milk
				

Eating breakfast boosts brain power!

9	10	11	12	13
Pancakes Warm Applesauce Milk	Strawberry Bagel Fresh Orange Milk	Cherrios Graham Crackers Fresh Banana Milk	Apple Muffin String Cheese Fresh Pear Milk	Cocoa Puff Cereal Graham Cracker Fresh Grapes Milk
				

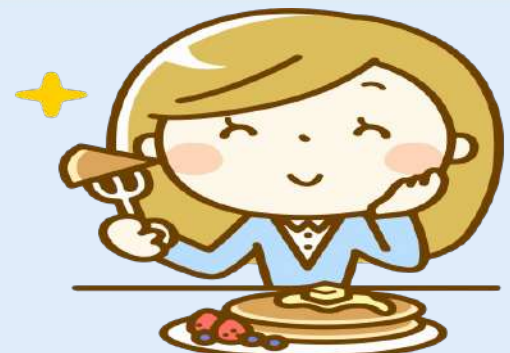
Fresh fruit offered daily!

All grain/bread items served are **Whole Grain Rich**.
Our **milk** options include 1% and fat-free.



Menus are subject to change.

This institution is an equal opportunity provider.





BREAKFAST October



Monday	Tuesday	Wednesday	Thursday	Friday
<p>16</p> <p>Trix Cereal Graham Crackers Fresh Apple Milk</p> 	<p>12</p> <p>Banana Muffin Graham Cracker Fresh Orange Milk</p>	<p>13</p> <p>Maple Waffles Fresh Pear Milk</p> <p>Thank you for dining with us!</p>	<p>14</p> <p>Strawberry Cream Cheese Bagel Fresh Apple Milk</p>	<p>15</p> <p>Apple Nutri- Grain Bar Graham Crackers Fresh Grapes Milk</p> 

Start your morning with breakfast and a smile!

<p>23</p> <p>Cinnamon Bagel Fresh Orange Milk</p> 	<p>19</p> <p>Warm Apple Frudel Fresh Pear Milk</p>	<p>20</p> <p>Warm Cinnamon Toast Cereal Bar Fresh Banana Milk</p>	<p>21</p> <p>Chocolate Chip Muffin String Cheese Fresh Apple Milk</p> 	<p>22</p> <p>Golden Grahams Cereal Fresh Grapes Milk</p>
--	---	--	---	---

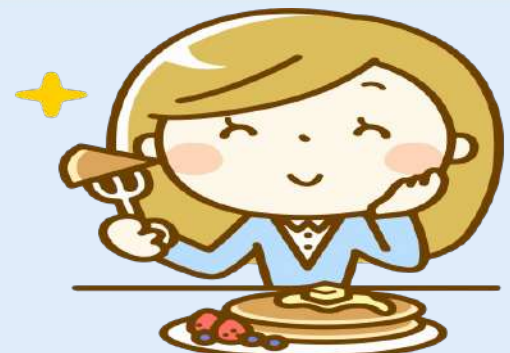
Fresh fruit offered daily!

All grain/bread items served are **Whole Grain Rich**.
Our **milk** options include 1% and fat-free.






Menus are subject to change.

This institution is an equal opportunity provider.



BREAKFAST October



Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
Strawberry Yogurt Cup Scooby Snack Fresh Banana Milk	Blueberry Waffles Fresh Apple Milk	Frosted Flakes Cereal Graham Crackers Fresh Pear Milk	Pancakes Applesauce Milk	Apple Nutri Grain Bar Graham Crackers Fresh Orange Milk
				

Eating breakfast boosts brain power!

THANKS FOR DINING WITH US!

Fresh fruit offered daily!

All grain/bread items served are **Whole Grain Rich**.
 Our **milk** options include 1% and fat-free.



Menus are subject to change.

This institution is an equal opportunity provider.

